



जड़ों से जुड़ो



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Regd. No. 2018-19/13/4/255

Jadon se Judoo
A step towards nation building

जड़ों से जुड़ो

A step towards nation building
Registered under 80G, 12A & CSR



जैसा कि नाम से विदित है “जड़ों से जुड़ो” भारत की मजबूत जड़े, हमारी भारतीय परम्पराएं, संस्कार, सनातन, संस्कृति, ज्ञान, विज्ञान, अध्यात्म, पुरातन शिक्षा प्रणाली, हस्तशिल्प, हथकरघा, विविधता, गौरवशाली इतिहास, हमारे ग्रन्थ, तीज-त्यौहार, जीवनशैली और विश्व को भारत की देन की बात करता है।

- ★ “जड़ों से जुड़ो” का प्रयास दुनिया को बताना कि क्यों और कैसे पुरातन भारतीय जीवनशैली इस ब्रह्माण्ड में मानव जीवन के लिए सबसे वैज्ञानिक एवम सर्वोच्च जीवनशैली है।
- ★ “जड़ों से जुड़ो” की कोशिश आज की पढ़ी-लिखी, पाश्चात्य संस्कृति से प्रभावित, इंटरनेट व उपकरणों से लैस भौतिकवाद की दौड़ में लिप्त युवा पीढ़ी को हमारी परम्पराओं, रीति-रिवाज, संस्कार एवम जीवनशैली के पीछे वैज्ञानिक पृष्ठभूमि से अवगत कराना।
- ★ अपने लोगों को देश के गौरवशाली इतिहास से जोड़ना एवं भारतीयता पर गौरवान्वित होने की वजह समझाना।
- ★ देश के सर्वांगीण विकास के लिए काम करना
- ★ हमारा यह मानना है कि **आधुनिक भौतिक विज्ञान उन्हीं निष्कर्षों तक पहुंचा है जिन तक भारतीय वेदान्त युगों पहले पहुंच चुका है।**

We at “जड़ों से जुड़ो” have been working on our dreams since many years now “**The dream of a beautiful, Healthy & Rich Bharat**” We sincerely believe in the greatness of **Bharat** and its rich and diverse culture and art there is no doubt about the greatness of this country and its culture.

Proud to be an Indian



EKTA NAGPAL

MA History
President & Founder Trustee

Jadon se Judoo

Ex Councillor
Motivational Speaker
Social Activist
Life Member FICCI, Flo-Delhi

एकता नागपाल का जन्म 1974 में हरियाणा प्रान्त के हिसार शहर में एक शिक्षक एवम देशभक्त परिवार में हुआ। दो बेटियों के इस परिवार में वे बड़ी बेटी हैं। उनकी माँ एवम पिताजी ने अपनी बेटियों को बेटा बनाने की होड़ से हटकर उन्हें आदर्श बेटी बनने के संस्कार दिए जिसका उनके व्यक्तित्व पर गहरा प्रभाव पड़ा।

वह इतिहास में स्नातकोत्तर हैं एवम एक शिक्षक के रूप में अपने career की शुरुआत कर के Telecom, Finance, Automobiles, Placements, Insurance, Aviation Training जैसे अनेक क्षेत्रों में अपनी सेवाएं दे चुकी हैं। ईमानदार एवम राष्ट्रवादी विचारों के कारण हर काम को अपना सर्वश्रेष्ठ दिया एवम अपनी एक अमिट छाप छोड़ी।

सादा जीवन जीते हुए भारतीय संस्कृति की मूलभूत कड़ियों से जुड़ी रहती हैं व अपने परिवार को भी जोड़े रखने का प्रयास करती हैं।

युवावर्ग को खोखली पाश्चात्य संस्कृति से प्रभावित होकर उसकी ओर झुकते हुए देखकर जब मन दुखी हुआ तो **जड़ों से जुड़ो** की शुरुआत करने का निर्णय लिया। लोग अच्छी चीजों एवम विचारों से जुड़ते हैं - जरूरत है तो ऐसे मंच स्थापित करने की जहाँ भौतिकवाद से हटकर समाज, संस्कार, सनातन एवम राष्ट्र के साथ जुड़ाव की बात की जाए। उनका मानना है कि भारतीय संस्कृति और संस्कार हमेशा से ही व्यवहारिक एवम् वैज्ञानिक थे, लेकिन मुगलों एवम अंग्रेजों ने हम पर शासन के दौरान उसे दबा दिया।

हँसते मुस्कुराते चेहरे के साथ एकता ने अपना चुनौतीपूर्ण सफर शुरू किया और आज सशक्त महिला का एक सटीक उदाहरण बन गई हैं। ऐसे क्षेत्र जिसमें पुरुषों का सदा से वर्चस्व रहा है, उसमें भी महिलाओं को स्थापित किया। चुनौतीपूर्ण एवम ऐतिहासिक आयोजनों में महिलाओं की भागीदारी दर्ज कराने का श्रेय इनको ही जाता है। महिला सशक्तिकरण, सनातन, समाज एवम राष्ट्र कल्याण को अपने जीवन का लक्ष्य निर्धारित करते हुए 27 वर्षों के अपने व्यवसायिक जीवन को अलविदा कह कर खुद को समाज सेवा के लिए समर्पित कर दिया है।

**DON'T ASK WHAT YOUR COUNTRY HAS DONE FOR YOU,
BUT ASK WHAT YOU HAVE DONE FOR YOUR COUNTRY**

TEAM MEMBERS

General Secretary



NEHA KHETARPAL
Makeup Artist & Skin Therapist

Neha Khetarpal, born and brought up in Hisar is a postgraduate in English from Punjab University, Chandigarh. She is an entrepreneur and has run her own ventures. Currently she is a makeup artist in Melbourne. Mother of two, she is a nation lover by heart. She carries with her a rich experience of almost 20 years, and is one of the founder members of Jadon Se Judoo. She is serving As General Secretary of the trust, since day one.

Treasurer



VIKAS NAGPAL
Social Activist &
Builder & Developer

Vikas Nagpal born in a family of Educationists, is an MBA in Finance and Marketing. He carries with him a rich work experience of almost 30 years, with various industries and corporate houses. Currently he is working as a real estate Developer in the vicinity of Chandigarh and Zirakpur, since almost 15 years. Vikas is a social activist by heart and is working in depth regarding the awareness, improvement and service of Indian Cow. He is one of the founder members of Jadon Se Judoo, and is giving his services as Treasurer of the trust, since day one.

Brand Ambassador



BHARAT GUPTA
Student &
An Indian Classical Dancer

Bharat Gupta is 14 years of age and is a student of 10th standard. He is a Indian Classical dancer & performs 3 types of Indian Classical dance Forms

◆ Bharatanatyam ◆ Kuchi puri ◆ Mohiniattam

He has performed and and won different awards not only in India but has also won Best Child Dancer Award in Australia. Along with different corners of our Country he has spread the beauty of Indian Classical dance in different countries like Australia, England, Dubai, Bahrain, Doha, Qatar, Vietnam, Armenia. An artist, hardworking, humble, patriot and a child at heart.

As a teenager Bharat Gupta is carrying forward the rich Indian values. **A child to Look upon.....**

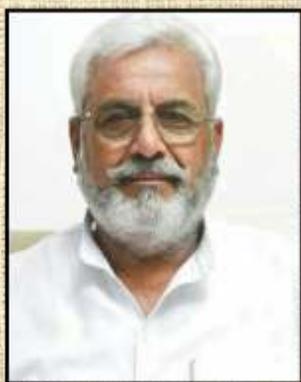
OUR PRESTIGIOUS PATRONS



Mrs. Dolly Guleria
Renowned
Punjabi Singer



Mrs. Latika Sharma
Ex. MLA, KALKA (Hry.)
National Treasurer, BJP, Mahila Morcha



Mr. Surjeet Kumar Jyani
Ex. Cabinet Minister
Punjab Govt.



Mrs. Geetika Sethi
Director - Principal
The British School
Sec 8 & 12 Panchkula

Vice President



Pratibha Singh
Financial Advisor
HDFC Bank

Secretary



Sunita Shekhar
Home Maker

**Creative
Co-ordinator**



Khushboo Trehan
Wellness Coach

**Field
Co-ordinator**



Rakesh Jindal
Real Estate
Consultant

Team
Co-ordinator



Shivani Dua
Textile Designer

Expansion
Co-ordinator



Ruchita Garg
Advocate High Court

Expansion
Co-ordinator



Rupinder Malhotra
Retd. Director
Bureau of Indian Standards

Legal Advisor



Onkar Singh Wahle
Advocate
Pb. & Hry. High Court

Financial
Co-ordinator



Roomi Gupta
Chartered Accountant

Financial
Co-ordinator



Ar. Vandana Vastu
Architect

Financial
Co-ordinator



Deepika Manocha
Real Estate Consultant

Masik Milan
Co-ordinator



Sunita Rana
Home Maker

Technical
Co-ordinator



Dr. Tulika Mehta
Director -
Kaizen Systems

Concert
Co-ordinator



Vikramjeet Sandhu
Regional Manager-North
Mettler Toledo India Pvt. Ltd.

Art Director



Sham Jaitly
Renowned Art
Director

Event
Co-ordinator



Nikhil Trehan
Corporate Event
Planner

Office
Co-ordinator



Archana Zutshi
Academician
Dean -
Group of Engg. Colleges

Media Co-ordinator



Rupam Raj
Meditation Teacher

Back-End
Co-ordinator



Ravi Kumar
Office In-charge
Jadon se Judoo

Field
Co-ordinator



Renu Chawla
Real Estate Consultant

CO-ORDINATOR -PUNJAB



SONU SETHI

Renowned Artist, Social Activist
Managing Director - Sethi Dhaba

OUR BRANCH HEADS

Mathura (U.P.)



VIVEK NAGPAL
Industrialist
Bajrang Traders

Fazilka (Pb.)



MANU SETIA
Managing Director
Hari Narayan Vidya Mandir

Pinjore (Hry.)



SHASHI VERMA
Ex-Trainer Art of Living
Punjab & Hry.

Panchkula (Hry.)



HARSHITA ARORA
Poetess
& Social Activist

Dera Bassi (Pb.)



SWARAN SHARMA
Principal - Stellar
International School, Basma - Pb.

SAS Nagar (Pb.)



DIMPLE SABHARWAL
Social Activist

Events by जड़ों से जुड़ो

जड़ों से जुड़ो as the name suggests, is an organisation that aims to reconnect the people of our country with our rich past, our roots so to say.

India being one of the oldest civilizations alive, has an immensely rich culture and heritage. Unfortunately due to foreign invasions and western influences we as a people got disconnected with our own past and Legacy .

जड़ों से जुड़ो has been working to bring back the same dignity and love for Indian culture, science, traditional lifestyles, artefacts and artisans alike since many years now.

Although Corona has made the world look forward to Indian lifestyle for a healthy life but we at **जड़ों से जुड़ो** have been promoting it since many years now. A few of them are mentioned below.

Events Organised

1. A 7 days workshop was held for the youngsters of age between 10 to 18 years where in they were taken to Gaushala to introduce them to **भारतीय गौवंश**
 - Entire group was taken to ITBP to familiarise with the **गौरव** of Indian soldiers committed to the cause of the land.
 - Students were taught to look up in the sky and identify the stars and constellations and correlate them to Indian stories .
 - These kids also enjoyed open fields where they also saw the difficulties of a farmer's life.
 - The entire group of 45 students were also shown small skits on Bhagat Singh and were made to realise how our freedom fighters gave away everything for the country's freedom.

2. A seminar was conducted for our youngsters on 24-11-18 teaching them hazards of using plastic and thermocol in our everyday life. Once again the benefits of living an environmental friendly life was emphasized and how going back to our roots by adopting our Indian practices of staying close to nature is our only saviour in today's time.
3. Visit to a village of Fazilka, Punjab, was conducted to showcase the life of villagers living near the International border.
4. Team **जड़ों से जुड़ो** conducts regular seminars in different schools and societies to encourage youngsters to adopt Indian values and practices in day-to-day lives.
5. Team **जड़ों से जुड़ो** keeps on donating essentials in the society like clothes, books, desks and chairs for students of some government schools.
6. Meanwhile various visits were held to the local **गौशाला** as we sincerely believe that **भारतीय गौवंश** is the epicenter of Indian culture and value system and to make our kids reconnect to our glorious past we need to teach them the glory of Indian Cow .
7. A two days trip was held on 25th and 26th of May 2019 **चलो गांव की ओर** to let the youngsters experience the real Indian rural, traditional and Healthy lifestyle.
8. We also encourage people to celebrate festivals in its original form, as the long forgotten festival of TEEJ is celebrated with great fervour where, children, youngsters, women of cities and villages get together and enjoy the festival under lush green trees, Sky touching swings and typical Indian clothes helps all to reconnect with the originality of the festival.
9. Team **जड़ों से जुड़ो** "celebrates Rakhi with our brave soldiers and officers at BSF, ITBP, Air Force Station, Indian Army, Police Station as an expression of gratitude towards men in uniform.

10. In the remembrance and the honour of the great sacrifices by our soldiers **जड़ों से जुड़ो** organised a live concert of Patriotic songs **एक शाम शहीदों के नाम** " on 1st September 2019.
11. Another seminar was conducted on 19th July 2020 on the topic of cleanliness, swachhata.
12. **जड़ों से जुड़ो** organises a monthly meet since many years now, which is a replacement to modern Kitty. Ladies assemble in the lap of the nature in the surroundings, share homemade food and discuss on cultural, historical, traditional topics which we have forgotten in today's materialistic world.
13. In one of the monthly meetings of Jadon se judo and unusual event of **गुड्डा गुड़िया की शादी** was organised on 9th March 2021 which witnessed a great confluence of people from all walks of life, rural and urban alike.
14. The never heard before "National Handloom day" **राष्ट्रीय हथकरघा दिवस** " was celebrated on 7th August 2021 which explained and emphasized Handloom as a true heritage of a country. Hundreds of people gathered on this day & pledged to include at least one hand woven cloth material in their wardrobe. This was basically to protect and promote the Indian artists and their art.
15. Virtual meeting on water conservation **जल संरक्षण** was held on 8th June 2021.
16. **जड़ों से जुड़ो** endorses the idea of Swadeshi, **एक व्यक्ति एक उत्पाद एक व्यक्ति एक विचार** which enforces Swadeshi Products. Thousands of people took pledge with the team "**Jadon Se Judoo**" to use at least one Swadeshi Product throughout their life.
17. Our team honestly believes in **आत्म निर्भर भारत** and tries to encourage and help the handmade products craftsman and small scale industries of Indian Origin and to bring them into mainstream market with the aim of revival of handmade and small scale industry.

- 18 Team **जड़ों से जुड़ो** held a very strategic gathering of various NGO's in which more than 23 NGO's participated to bring together the like-minded volunteers and philanthropist together to speeden up the social cause of upliftment of Indian Culture, its art and artisans.
19. We encourage conventional Indian sports in youth and females.
20. Festival like Baisakhi, Lohri, Holi, Teej etc. are always celebrated with enthusiasm.
- 21 We keep on organising and involving kids/youth and ladies in Indian sports and childhood games like **गुल्ली डंडा, स्टापू, पतंगबाजी, पकड़म - पकड़ाई, खो - खो, लंगड़ी टांग, पेड़ों पर चढ़ना, ट्यूबवेल में नहाना, खेतों में घूमना, ट्रेक्टर की सवारी इत्यादि।** Main motive is to keep kids out of bad company, drugs, gadgets etc.

22 **WOMEN EMPOWERMENT and EMPLOYMENT**

- 23 Help, **Self Help Group's** in their Social, Mental, Physical & Financial Stability.
- 24 **ALL WOMEN RAMLEELA, 1st of its kind in India. Projected, presented, executed and enacted by women**
- 25 Events on 16 Sanakaars.
- 26 **1st time in the history of India an act on LUV KUSH, on 23rd may 2023 at Tagore theatre, Chandigarh.** First of its kind in the history of India, **A light, sound and a digital act on "LUV KUSH"** which is an integral part of the Ramayana, An act , presented and enacted **all by women again plays an important step towards women empowerment.** This act was dedicated to **SPECIALLY ABLED** and the **ACID ATTACK SURVIVORS.** Through this act our aim was to bring Specially Abled in the main stream of the society. We also look forward to create awareness amongst the parents of the specially abled and create sensitivity towards them in the society.

- 27 Frequent visits to old age homes
- 28 Participation on international level in an International Cultural Festival held in **Armenia** in July 2023.
- 29 Regular celebrations on 26th January.
- 30 Celebration of 15th August with full enthusiasm.
- 31 An act on Bhagat singh, which gained appreciation from all walks of life.
- 32 We organise regular programmes to promote SANATAN through kirtan, langar, lectures, destination visits, paths, workshops, theater, one act plays, folk & classical dance, music, quiz etc.



OUR ORGANIZATION OBJECTIVES

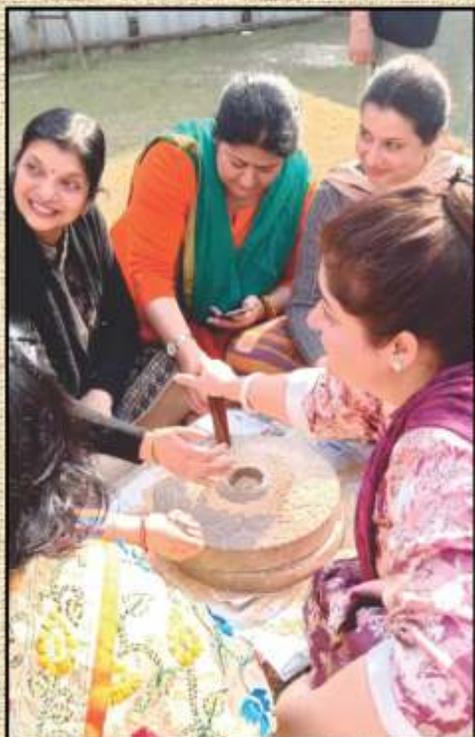
1. Employment generation.
2. Education for women.
3. Nullify atrocities on women.
4. Raising economic standards of women.
5. Raising the economic standards of the weaker sections.
6. Promote healthy Indian lifestyle.
7. Work for education to all.
8. Educate women about sanitation and personal hygiene.
9. Serve the weaker section in all ways.
10. Promote sports and physical activities in youth and all.
11. Try'n arrange good medical services for all sections of the society.
12. Drug de addiction awareness.
13. Skill development for youth and women.
14. Open libraries and encourage Reading Habits.
15. To discourage use and throw products and avoid single use plastic.
16. To give all types of guidance to females like- legal/ medical/ financial/ social/ skill/ educational/ professional/ govt. policies/ political etc
17. To generate financial stability through self help groups and other social activities.
18. To promote hand loom/ handicrafts Arrangement of and handmade Articles Fairs.
19. To promote Swadeshi.
20. To awaken people about global warming, electricity & water preservation. Preservation of all natural resources and issues like social, political, financial and cultural.
21. Promote Indian values, ethics, culture, customs and traditions.
22. Promote Yoga
23. To raise a thought of patriotism in the society and raise a thought for respect towards Indian Armed Forces.
24. To work for spiritual, mental and physical wellbeing.
25. To promote Indian Festivals, Epics through different programmes and events.
26. To Arrange & participate in inter cultural exchange programmes at district / state / national & international level.

27. Awareness programmes for garbage management/ cleanliness/ decomposing and solar energy etc.
28. Awareness camps on Female feticide.
29. Work for healthy childhood and all round development of children.
30. Awareness about Indian cows
31. Women Empowerment.
32. Sanitation / health and ODF.
33. Upliftment of Tribals.
34. Awareness for sensitivity towards Animals.
35. Promote Organic / Indian / Homemade products.
36. Educate about benefits of Ayurveda.
37. Educate people about science behind Indian Rituals/Traditions and customs.
38. Educate youth about the traditional / conventional Indian career opportunities.
39. Promote the dying skills of India.
40. Promote the importance of Indian Cow.
41. Awareness about importance of Adhayatam - Meditation & Spiritualism.
42. Last But not the least... Service of SANATAN



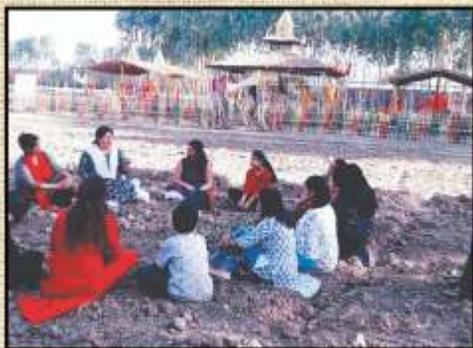




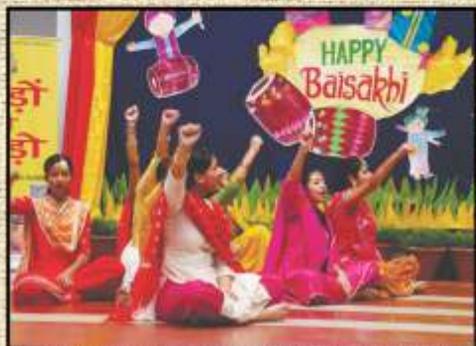












जड़ों से जुड़ो - "महिलाओं द्वारा रामलीला"

A RAMLEELA thought, Planned, Presented, Executed and Enacted all by Women-

यह परम सत्य है कि भारतीय संस्कार 'रामायण' के बिना अधूरा है।

भगवान 'राम' भारत के रोम-रोम में बसे हैं, और रामलीला हमारे समाज को रामायण ग्रन्थ की महानता के साथ जोड़ कर रखने में अहम भूमिका निभाती है।

रामलीला हिंदुस्तान की परम्परा का एक अहम हिस्सा है।

"जड़ों से जुड़ो" ने एक रामलीला का आयोजन किया है जो अपने आप में एक अनूठा प्रयास है।

RAMLEELA WITH A DIFFERENCE

"महिलाओं द्वारा रामलीला"

महिला सशक्तिकरण सिर्फ बातों में नहीं, व्यवहार में भी।

इस आयोजन की ऐतिहासिक एवं खास बात यह रही है कि इस रामलीला के सब किरदार महिलाओं द्वारा निभाए गए हैं। डाक्टर, आर्किटेक्ट, विद्यार्थी, वकील, बैंकर्स, शिक्षक, उद्योगपति, टेक्सटाइल डिजाईनर, समाज सेवी, लेखिका, गृहणी, बुजुर्ग महिलाओं की 7 साल से 77 साल तक की 35 बहनों की एक टोली ने इस रामलीला में भाग लिया।

"जड़ों से जुड़ो" का प्रयास समाज को यह सन्देश देने का है कि भारत की बेटी व्यवसाय, गृहस्थी, नौकरी के साथ अपने संस्कार, धर्म एवम सनातन को सहेज कर रखने में भी सक्षम है। पहली बार महिलाओं द्वारा संचालित एवम महिलाओं द्वारा अभिनीत इस अनूठी एवम डिजिटल रामलीला को पंजाब प्रान्त के अलावा राष्ट्रीय एवम अन्तर्राष्ट्रीय स्तर पर भी सराहा गया। दर्शकों में मध्यम एवं उच्च मध्यम वर्गीय परिवारों की बड़ी तादात में भागीदारी रही। ऑनलाइन भी लाखों लोगों ने देश, विदेश में इस रामलीला को देखा व सराहा। प्रतिदिन हजारों दर्शक इसे देखने आते थे एवम सैकड़ों लोग बैठने की जगह न मिलने पर अंतिम दृश्य तक खड़े रह कर इसे देखते थे।

26-9-22 से 5-10-22 तक चली इस महिलाओं द्वारा रामलीला का मंचन बेहद सौम्य, सभ्य एवम शालीन तरीके से किया गया, व दर्शकों ने इसे अपार स्नेह एवम आशीर्वाद दिया।

पढ़ी लिखी Community जो की सनातन के संस्कार से दूर होती जा रही है, इस प्रयास से उन्होंने रामायण जैसे अहम संस्कार के साथ जुड़ाव महसूस किया।

दर्शकों के अपार स्नेह, सराहना एवम आशीर्वाद का दिल से धन्यवाद।

भाईयों के निस्वार्थ सहयोग के लिए धन्यवाद।

आगे भी प्रभु श्रीराम के आशीर्वाद से महिलाओं द्वारा रामलीला के आयोजन का प्रयास करते रहेंगे।





आधुनिक भौतिक विज्ञान उन्हीं निष्कर्षों तक पहुँचा है
जिन तक भारतीय वेदान्त युगों पहले पहुँच चुका है।



Regd. No. 2018-19/13/4/255

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